

# Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

**Focus Area: Student Wellbeing**

**Leader(s): Kelly McCarthy**

**Implementation Year: 2015 - 2016 Results and Findings**

**Goal 1: Develop students, those enrolled on campus and online, holistically by designing, implementing and assessing services and programs that encourage sustainable self-advocacy, independence, wellness, knowledge and life balance.**

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| <b>Objective 1:</b>  | <b>Provide an assessment that demonstrates symptom reduction for those students that use counseling services.</b>   |
| <b>Action Items</b>  | Students that use counseling services will assess themselves on a scale from 1 (low) to 8 (high) on stressors which distract them from the pursuit of their personal, educational and career goals at the beginning and end of counseling or at the end of the semester.      |
| <b>Desired Outcomes and Achievements</b><br>(Identify results expected)  | 65% of students surveyed will report a reduction of symptoms and the use of positive coping strategies.   |
| <b>Achieved Outcomes and Results</b>   | Of the students surveyed, 95% reported a reduction of symptoms since beginning counseling.  |
| <b>Analysis of Results</b><br>(Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.) | The desired outcome for this objective was exceeded, however, not all students receiving counseling services completed the secondary assessment. Implications for AY17 include a continuation of this pre- and post-test practice for students receiving counseling services. |

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| <b>Objective 2:</b>  | <b>Collaborate with the Veterans Coordinator to notify GSU's enrolled veterans of the available ASSD services online and in the classroom.</b>  |
| <b>Action Items</b>  | <ul style="list-style-type: none"><li>• Director will be available in the Veterans Resource Center twice a semester to answer questions regarding ASSD services</li><li>• Have ASSD information sheet in the Veterans Resource Center informing students of detailed ASSD services</li><li>• Add direct Disability Services web link on Veterans Resource Center page</li></ul> |
| <b>Desired Outcomes and Achievements</b><br>(Identify results expected)  | Increase number of enrolled Veterans that contact the Director of Disability Services for ASSD information during the fall and spring semesters.  |
| <b>Achieved Outcomes and Results</b>   | The Director met with the Coordinator of the Veterans Resource Center several times in order to be available to veteran students regarding ASSD services. ASSD information sheets were placed in the resource area. We are still in the process of coordinating web links to corresponding sites.   |
| <b>Analysis of Results</b><br>(Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.) | It is difficult to quantify how much impact the action items had in increasing the number of students that made the decision to utilize ASSD services but we did have 5 new veterans register in AY16, while there were only 3 the year before. I would consider that progress toward the goals. ASSD will continue to collaborate with the Veterans Resource Center.           |

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| <b>Objective 3:</b>  | <b>Create and implement a workshop on self-advocacy skills for incoming freshmen.</b>  |
| <b>Action Items</b>  | <ul style="list-style-type: none"> <li>• Conduct Self-Advocacy workshop at each summer Freshmen Orientation Program</li> <li>• Assess effectiveness of workshop</li> <li>• Conduct individual sessions with each registered ASSD freshmen</li> </ul>   |
| <b>Desired Outcomes and Achievements</b><br>(Identify results expected)  | ASSD freshmen develop a self-advocacy skill plan and demonstrate this skill at least 4 ways in the meeting with the Director   |
| <b>Achieved Outcomes and Results</b>   | <p>Upon completion of the workshop, the 15 attendees were asked to complete a survey that contained 5 questions. They were asked to respond on a 5 point scale (5 strongly agree; 4 agree; 3 neutral; 2 disagree; 1 strongly disagree). All the attendees responded strongly agree or agreed to all 5 questions with the following statements:</p> <p><i>The workshop provided useful information about self-advocacy and ways to communicate regarding accommodations.</i></p> <p><i>The workshop should be offered again.</i></p> <p><i>I learned about ways to advocate for myself.</i></p> <p><i>I am pleased with the dialogue I experienced at this event.</i></p> <p><i>There should be a series of workshops on this issue.</i></p> <p>4 Freshmen were registered with Student Disability Services in AY16 but only 2 chose to meet with the Director for one on one sessions. Both students were able to verbalize at least 3 advocacy strategies and were given an accommodation script to have on hand when interacting with instructors.</p> |
| <b>Analysis of Results</b><br>(Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.) | Even though there were more attendees to the orientation workshops than last year, there were less freshmen who registered for services and met with the Director of Student Disability Services. Outcomes were met but a higher number of students was expected. For Orientation this summer, a greater emphasis will be placed on the benefits and support offered by Access Services for Students with Disabilities. The AY17 Objective will be to expand offering the workshop to transfer students. While this won't have an impact on the number of freshmen registering with ASSD, it may open the way for more transfer students to avail themselves of the services offered.  |

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| <b>Objective 4:</b>  | <b>Create and implement monthly sexual violence prevention programming for the entire campus community and trainings for Resident Assistants, student orientation leaders and students in leadership positions on campus.</b>   |
| <b>Action Items</b>  | <ul style="list-style-type: none"> <li>• Schedule YWCA trainings per 2015-2016 schedule</li> <li>• Schedule monthly sexual violence prevention programming</li> <li>• Assess programming</li> </ul>   |
| <b>Indicators and Data Needed</b><br>(Measures that will appraise progress towards the strategic objective)            | <p>Number of attendees at each YWCA training</p> <p>Number of attendees at each prevention programming event</p> <p>Results of YWCA evaluations</p>   |
| <b>Responsible Person and/or Unit</b> (Data collection, analysis reporting)  | Kelly McCarthy, Assistant Vice President for Student Affairs and Director of the Counseling Center; and YWCA Chicagoland, Advocating for Sexual Prevention (ASAP) team and counseling interns   |
| <b>Milestones</b><br>(Identify Timelines)  | Monthly throughout the fall 2015 and spring 2016 semesters  |
| <b>Desired Outcomes and Achievements</b><br>(Identify results expected)  | Identify internal and external campus resources (YWCA partner) for victims of sexual violence; Advocate for gender equity and healthy sexual behavior   |
| <b>Achieved Outcomes and Results</b>   | There were six YWCA trainings conducted by the YWCA partner, (6-23-15, 8-5-15, 8-13-15, 8-14-15, 9-18-15 and 9-26-15) for a total of 88 individuals. The audience was varied: student orientation leaders, NODA interns, new counseling interns, Administrative hearing officers, resident assistants/faculty in residence, Dual Degree mentors and participants in the Men's Leadership retreat. There was monthly sexual violence programming except for the months of October, January and February. The YWCA partner has the evaluations for the trainings. |
| <b>Analysis of Results</b><br>(Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.) | The above outcomes were met, but difficult to quantify that students understood the difference. At every prevention programming event, leaders advocated for gender equity and health sexual behavior – another outcome difficult to quantify. Implications for AY17: change assessment tool to match individual programming event and obtain YWCA training evaluations to determine if and how trainings may be improved.  |